



DISCLAIMER: Participants, parents, family, and spectators engaging in flag football and activities related to basketball do so with knowledge of the risk and potential exposure involved and agree to accept any and all inherent risks to their personal health.

Employees, participants, coaches, and fans are recommended to screen themselves at home prior to coming to the gym. If they have a temperature exceeding 100.4, or any COVID-19 symptoms, they should stay home. They should also not come to the gym if they are known to have been recently exposed to someone with COVID-19.

Recreation Department:

- Sanitizing wipes will be provided at entrances
- Signs will be posted to remind players and guests to socially distance.
- Game times will be staggered to reduce congestion before and after games.
- No wristbands for younger leagues.
- Gyms and basketballs will be sanitized daily.
- Instruct teams to leave immediately after games to minimize congestion.

Coaches:

- Encourage high risk individuals and those with symptoms to stay home.
- Discourage unnecessary physical contact such as high fives and handshakes.

Players:

- Players are encouraged to sit socially distanced from other players.
- Players should provide their own water (please clearly mark your own water bottle), hand sanitizer, and masks (not required for players).
- Wash hands regularly.
- Please clean up after yourself (throw away your own trash) before leaving

Parents:

- Parents are expected to screen themselves and their children before bringing them to any practices or games. If anyone is exhibiting symptoms, stay home.
- Spectators are required to wear masks in Nebo facilities.
- Please limit spectators. Space is limited.
- Spectators need to maintain social distance between households.
- Pre-packaged treats can only be handed out by one parent/adult who has gloves on or who has used hand sanitizer immediately prior to handing out treats.
- Leave immediately after games to minimize congestion and allow for time to sanitize.