Women's Volleyball Rules





NET HEIGHT

For the Women's League the net height shall be 7' 4 1/8"

COURT

Playing at CHERRY CREEK: Women's League will play Red lines and the dotted yellow line _____ Playing at SUMMIT CENTER: Women's League will play Red lines

SERVING AREA

In the Women's League you must serve behind the Red Line

- 1 Server may take one step over the **Red** serving line, but must serve before the **Blue Line** 2 You can serve anywhere behind the **Red Line**
- 3 You CANNOT attack a serve (Spike) or (Block) ~ You can bump it or set it.
- 4 If you have a bad toss on the serve, DO NOT catch it, let it hit the ground, and serve again

SCORING

- A. Rally scoring will be used.
- E. Games will be played to 25 points for Games 1 & 2 (cap at 27)
 - Game 3 will be played to 15 Points (cap at 17)
- F. Reach the cap or win by 2 points

PLAYING THE GAME

- A. Maximum of three hits per side.
- B. A block is NOT considered a hit.
- C. Ball may be played off the net during a volley and on serve.
- D. A ball touching a boundary line is GOOD.
- F. Anything from the foot up is considered legal as long as it's not kicked
- G. If the ball hits the ceiling on your side and comes down on your side ~ Play it.
- H. If the ball hits the ceiling and goes over the net $\tilde{}$ illegal and a point will be awarded.
- I. You CANNOT play the ball off the wall.
- J. Playing at CHERRY CREEK: If the ball hits the basketball standards directly above the net it will be considered a playable ball if it comes back on your side...if it goes over...point awarded Side baskets on the North wall will be a "Judgement Replay"
 - Playing at SUMMIT CENTER: If the ball hits the basketball standards anywhere above the court on your side - PLAY IT!
- K. You are allowed two 30 second time-outs per set.
- L. You must have 4 players by game time to start ~ Forfeit time is 10 minutes after game time (example: 6:30 PM game...Forfeit time is 6:40 PM for the first game). If a team does not have 4 players after 20 minutes of the scheduled game time the match will be a forfeit.
- M Only players who have paid and are on the roster will be allowed to play. You must play in at least 2 matches to be eligible to play in the league tournament. Substitutes are NOT allowed to play unless they pay and are on the roster - bottom line...NO substitute players

ROTATION

- A. Team will rotate each time they win the serve
- B. Players shall rotate in a clockwise manner
- C. There shall be 4 6 players on each side
- D. Rotate IN/OUT to serve

BASIC VIOLATIONS

- A. Failure to serve the ball over the net successfully
- B. Hitting the ball illegally (Carrying, Palming, Throwing, etc.)
- C. It is illegal to touch the top of the net or any part of the net
- D. Failure to serve in the correct order
- E. Crossing over the center line ~ You can step on it, but NOT over it

SCHEDULES

Make sure you check your schedules carefully - doubleheaders each time C League always plays at the Summit Center Lower B always plays at the Summit Center.

A League and Upper B Leagues play at Cherry Creek Elementary south gym

FYI

REST ROOMS are just outside the gym door.

* You will need to show your drivers license for each game night You CANNOT warm up in the school halls. NO BALLS in the halls



Anyone showing any signs of COVID-19 should stay at home