

SPRINGVILLE CITY RECREATION Men's Basketball League Rules

GAME There will be two 18 minute halves. Stop clock on all free throws and last two minutes of each half on every whistle. **The clock will not stop in the second half of game including the last 2 minutes if a team is ahead by 20 or more points.**

OVERTIME 1ST overtime is 3 minutes; 2nd overtime is first to score.

TIME-OUTS 2 time outs per half (no carry over).
One additional 20 second time-out during each overtime.
The Ball can be taken out at mid-court after a time-out.

FORFEITS Teams must have 4 players to start game.
Forfeit time will be 10 minutes after game time on the first game. All games thereafter will be considered a forfeit at game time.

UNIFORMS All players must be in matching jerseys (color) with appropriate numbers on the back. NO DUPLICATE NUMBERS ALLOWED

PLAYER FOULS
Players are disqualified after 5 personal fouls.
Bonus shots on 7 team fouls, 1 and 1. 10th team foul will be double bonus.
Technical foul is also a team foul. All other high school rules apply.

TECHNICAL FOULS

1. Fighting - 1st time: Players involved will be assessed a technical, suspended from that game and the next game at minimum. Player must meet with Gym Supervisor and Recreation Supervisor prior to re-entering the league. 2nd time: Kicked out of league. NO REFUND.
2. Technical Fouls - Unsportsmanlike conduct
 - 1st time: Must sit out for the next 18 minutes of play (will carry over into the next game if necessary)
 - 2nd time in the same game: Suspended from that game plus the next game and must leave the gymnasium.
 - 2nd accumulated tech during the season but 1st of that game: must sit next 18 minutes of play.
 - 3rd time: Probable suspension from league for the remainder of the year. Must meet with league director and gym supervisor. NO REFUND.
3. Any team earning 7 technical fouls during the season will not be allowed to participate in the Nebo tournament at the end of the season.
4. No Swearing - Officials do not want to hear it. Neither do the children or other adults attending the games.
5. Taunting - Talk to your team mates, no taunting the other teams or officials. Remember; it's a recreational league.
6. Harassment, badgering, and criticism of referees will result in a technical.

OTHER RULES

- No player additions after your team's 5th game, unless cleared with the league director.
- Players must compete in a minimum of 2 regular season games to be eligible for the Nebo Tournament.
- Only players on the roster are eligible to play.