

BEING EDIE IS HARD TODAY

Pic Brashares

Being Edie is hard today. No one understands. If only she could be an animal! Edie's imagination may be the perfect escape, but she can't run from her feelings forever if she's going to be comfortable in her own skin.

KEVIN THE UNICORN: IT'S NOT ALL RAINBOWS

Pic Von Innerebner

Everyone knows that unicorns are perfect. But Kevin is having a less-than-perfect day. Kevin does his best to keep his outlook sunny, but it's hard to keep smiling when everything goes horribly wrong!

CAT KNIT

Pic Grant

Cat and Yarn are the best of friends. But one day Girl takes Yarn away and when he returns he is completely changed! Cat is mad! Soon, Cat begins to miss his best friend, and he might just realize that a little change isn't so bad after all.

ONE OF THOSE DAYS

Pic Rosenthal

Sometimes life just doesn't seem fair. But even if you bowled gutter balls or your nice sweater made you itchy, at least there's a bright side--a brand-new day is waiting for you tomorrow, and you can laugh at those days when they're over.

ISLE OF YOU

Pic LaRochelle

Some days are harder to get through than others. But when you're sad, lonely, or angry, it helps to remember that in the Isle of You, you have the power to create anything you can imagine.

STUCK WITH THE BLOOZ

Pic Levis

What do you do when you're feeling blue-especially when your mood takes the form of a drippy, oozy monster called the Blooz? Through trial and error, the child in this story discovers that while it may not be easy, it's not impossible to shake the Blooz.

SAD, SAD BEAR

Pic Gee

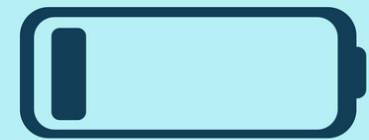
Bear is very SAD today. Mommy is going to work. And that means Bear has to go to Cub Care for the very first time. But Bear doesn't know anyone here at all! But new friends help cheer him up.

ENEMY PIE

Pic Munson

It was the perfect summer. That is, until Jeremy Ross moved into the house down the street. Luckily Dad had a surefire way to get rid of enemies: Enemy Pie. In this funny yet endearing story one little boy learns an effective recipe for turning a best enemy into a best friend.

BAD DAY PICK ME UP'S



ANNIE'S CAT IS SAD

Pic Smith

What do you do when your friend is sad? Cheer them up with all the things they love! But at the end of the day, no distraction can really make our bad days simply disappear, as Annie knows all too well. You just have to face them head-on, maybe have a good cry, and find comfort in those you love.

FRANKLIN'S BAD DAY

Pic Bourgeois

Since Franklin's friend Otter moved away, nothing seems to go right-until Franklin figures out a way he and Otter can stay friends.

A BAD CASE OF STRIPES

Pic Shannon

Camilla Cream loves lima beans, but she never eats them. Why? Because the other kids at her school don't like them. And Camilla Cream is very, very worried about what other people think of her. In fact, she's so worried that she's about to break out in...a bad case of stripes!

WHEN SADNESS IS AT YOUR DOOR

Pic Eland

Sadness can be scary and confusing at any age! But Eva Eland brilliantly approaches this feeling as if it is a visitor and even suggests activities to do with it when it arrives.

TIGER-TIGER, IS IT TRUE?

Pic Bardhan

When a wise turtle asks Tiger four questions he realizes that all his problems are not caused by things, but by his thoughts about things; and that when he questions his thoughts, life becomes wonderful again.

I'M SAD

Pic Black

When Flamingo announces he's feeling down, the little girl and Potato try to cheer him up, but nothing seems to work. Soon Flamingo learns that he will not always feel this way. And his friends learn that sometimes being a friend means you just have to stick by your pal no matter how they feel.

I WALK WITH VANESSA

Pic Kerascoët

Kerascoët explores the feelings of helplessness and anger that arise in the wake of seeing a classmate treated badly, and shows how a single act of kindness can lead to an entire community joining in to help.

WHEN I FEEL SAD

Pic Spelman

Readers will recognize similar experiences in their own lives as this guinea pig describes feeling sad when someone is cross or when something bad happens. But it never lasts forever.

ALEXANDER AND THE TERRIBLE, HORRIBLE, NO GOOD, VERY BAD DAY

Pic Viorst

What do you do on a day where something always seems to be going wrong? Well, you may think about going to Australia. You may also be glad to find that some days are like that for others too.

HAPPY, SAD, SILLY, MAD: MY WORLD MAKES ME FEEL

Pic Mitchell

Awash in vibrant color and good cheer, Happy, Sad, Silly, Mad portrays a diverse range of children in situations evocative of a variety of emotions and feelings.

GRUMPY MONKEY

Pic Lang

Jim the chimpanzee is in a terrible mood for no reason. His friends have lots of suggestions for how to make him feel better but could it be that he just needs a day to feel grumpy?

I AM HUMAN: A BOOK OF EMPATHY

Pic Verde

Verde shows that it's okay to make mistakes while also emphasizing the power of good choices by offering a kind word or smile, or by saying "I'm sorry".