

# April 2008

## Springville Senior Citizens

### 65 E. 200 S. 489-8738

Mon	Tue	Wed	Thu	Fri
March 31	1	2	3	4
Beef Stew Baking Pwdr Biscuit Carrot Cake Salad	Bkd Chix Drumstick Chicken Gravy Mashed Potatoes Chuckwagon Corn Fruit Salad Dutch Apple Pie White Roll Milk	Spaghetti Casserole Sliced Carrots Cottage Cheese/Pears Chocolate Pudding Whipped Topping White Roll Milk	Breaded Chicken Scalloped Potatoes Peas Gelatin Salad Caramel Cashew Cake Wheat Roll Milk	Breaded Pork Chop Baked Potato Sour Cream Packet Brown Gravy Peas and Carrots Apple Choc Chip Cookie White Roll
7	8	9	<b>Birthday Party</b> 10	11
Chicken Broc Casserole Gelatin Salad Brownie Wheat Roll Milk	Hoagie Sandwich Tomato Slices Shredded Lettuce Potato Chips Three Bean Salad Apple Walnut Cake Milk	Sirloin Tips Plain Noodles Sliced Beets Pear Half Pumpkin Pie Whipped Topping White Roll Milk	Chicken Strips Chicken Gravy Cranberry Sauce Pkt Mashed Potatoes Sliced Carrots Fruit Salad Blueberry Cobbler White Roll	Swiss Steak Brown Gravy Mashed Potatoes Mixed Vegetables Tossed Salad Tapioca Pudding Whipped Topping White Roll
14	15	16	17	18
Batter Dipped Cod Tartar Sauce Pkt Crm Peas and New Pot Grape Juice Cherry Cream Crunch White Roll Milk	Bkd Chix Drumstick Chicken Gravy Mashed Potatoes Whole Kernel Corn Fruit Cocktail Chocolate Pudding Whipped Topping White Roll	Beefaroni Casserole Broccoli Cuts Peach Half Apple Crisp Wheat Roll Milk	Baked Pork Steak Brown Gravy Mashed Potatoes Peas Cottage Cheese/Peach Rice Pudding Whipped Topping White Roll	BBQ Chicken Breast Herbed Rice California Vegetable Vitamin Salad Ranch Dressing Peach Shortcake Wheat Roll Milk
21	22	23	24	<b>Big Dinner</b> 25
Meatloaf Brown Gravy Baked Potato Sour Cream Pkt Wax Beans Fruit Salad Carrot Cake Wheat Roll Milk	Cabbage Roll Sliced Carrots Tossed Salad 1000 Island Packet Apple Cobbler Wheat Roll Milk	Macaroni and Cheese Green Beans Apple Marble Cake Wheat Roll Milk	Baked Cod Tartar Sauce Fried Tater Tots Peas and Carrots Coleslaw Peanut Butter Cake White Roll Milk	Roast Pork Brown Gravy Mashed Potatoes California Vegetable Peach Half Choc Chip Cookie Wheat Roll Milk
28	29	30	<p>Call 489-8738 by noon the day before to make dinner reservations. Choose from the menu, diabetic or salt free meal or chef's salad. Food is provided by Mountainland.</p> <p>Donation per person over 60: \$2.00            Cost per person under 60: \$4.90            Chef Salad donation per person over 60: \$2.25            Salad cost per person under 60: \$5.65</p>	
4 Star Noodle Bake Broccoli Cuts Three Bean Salad Mint Brownie White Roll Milk	Chicken Strips Chicken Gravy Mashed Potatoes Scandinavian Veg. Cottage Cheese/Pears Gingerbread Lemon Sauce White Bread Slice	Chili Dog Peas Potato Salad Orange Filled Bundt Cake		

