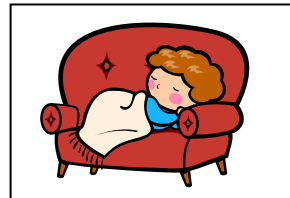
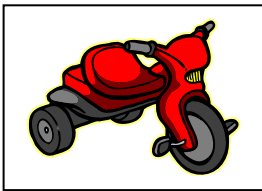


Art City Days Presents:

# Activities at the Pool

**FAMILY SWIM**.....Mon. June 9 from 6-9pm, \$8 per family\*  
(A family is defined as an immediate family made up of a father,  
mother and up to 5 children)

**PRESCHOOL TRIATHLON**.....Sat. June 7 at 2:00pm, \$12



RIDE \* WALK \* SWIM \* NAP

Here is how the Preschool Triathlon works:

All athletes will ride their big wheel/tricycle through a course (5-10 minutes) then the athletes will take a walk with their trainer (parent) through Bird Park (10 minutes). At the end of the walk everyone will stop at the water station for a nutrition break (punch and cookies) and the awarding of tee-shirts. Once everyone is properly nourished, and we've taken pictures on the winner's platform, the athletes and their parent will proceed to the pool for a swim. Ages 3-5 years old.

Cost is only \$12 and includes everything listed above and admission to the pool for both the athlete and the trainer. Trainers should bring a camera and we suggest you decorate your tricycle/big wheel. For information call the Springville Pool at 489-2731.

## Art City Days Preschool Triathlon Registration

Athlete's Name (child) \_\_\_\_\_ Trainer's Name (parent) \_\_\_\_\_

Athlete's Birth Date \_\_\_\_\_ Birth Date \_\_\_\_\_ Boy/Girl

Address \_\_\_\_\_ City \_\_\_\_\_

Make Checks Payable to: Springville Recreation  
443 S 200 E  
\$12 per athlete Springville, Utah 84663

Information:  
For information call Springville  
Recreation at (801) 489-2731