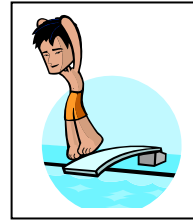
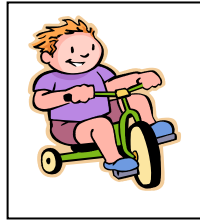


Art City Days Presents:

Activities at the Pool

FAMILY SWIM.....Monday, June 4 from 6-9pm, \$8 per family*
(A family is defined as an immediate family made up of a father, mother and up to 5 children)

PRESCHOOL TRIATHLON.....Saturday, June 2 at 2:00pm, \$12



Here is how the Preschool Triathlon works:

All athletes will ride their big wheel/tricycle through a course (5-10 minutes) then the athletes will take a walk with their trainer (parent) through Bird Park (10 minutes). At the end of the walk everyone will stop at the water station for a nutrition break (punch and cookies). Once everyone is properly nourished, the athletes and their parent will proceed to the pool for a 30 minute swim. The program will end with the athletes receiving a t-shirt stating "I Won My First Triathlon" and every athlete will have the chance to stand on the winner's platform for pictures. Ages 3-5 years old. Cost is only \$12 and includes everything listed above and admission to the pool for both the athlete and the trainer. Trainers should bring a camera and we suggest you decorate your tricycle/big wheel. For information call Springville Recreation at 489-2730.

Art City Days Preschool Triathlon Registration

Athlete's Name (child) _____ Trainer's Name (parent) _____

Athlete's Birth Date _____ Birth Date _____ Boy/Girl

Address _____ City _____

Make Checks Payable to: Springville Recreation
1205 E 900 S
Springville, Utah 84663

Information:
For information call Springville
Recreation at (801) 489-2730

\$12 per athlete